

# *A Family's "Coming Out" Workshop*

*For parents and others with a family member or friend who is lesbian, gay, bisexual, transgender or questioning.*

*Sponsored by PFLAG of Cape Cod, Brewster*

*Funded through a grant from the Gay and Lesbian Equity Fund (GALE Fund)*

## **AGENDA**

Light supper, welcome and overview

"I'm gay": a parent's story

"I'm gay": a youth comes out to

- parents and other family members
- friends and classmates

An adult mentor's perspective on the

- school climate for LGBTQ students
- importance of parental support
- role of a Gay / Straight Alliance

Discussion: Learning to cope with

- a parent's array of feelings
- varied reactions of other family members
- meeting your child's needs while addressing your own.

Questions and Answers

About PFLAG

Close & handouts

## **ABOUT THE PRESENTERS**

**Kenneth Freedman** is a licensed independent clinical social worker who has run a private psychotherapy practice in Sandwich for the past nine years.

**Cindy Rosenbaum**, LICSW, has been in full time private practice in Orleans for eleven years.

**Martha Swindler** is the Barnstable High School Gay/Straight Alliance ("GSA") advisor and an English teacher.

**Sharon Thompson** is the Falmouth High School GSA advisor and secretary of Guidance.

**Angela Chilaka**, **Peggy Callagy** and **Beth Deitz** are GSA advisors at Harwich High School.

**Randy Lewis Kendell** is Coordinator of PFLAG of Cape Cod, Brewster and an openly gay man who is currently engaged to be married.

**Amy Mesirow** is a member of the Board of Directors of PFLAG, and of the Cape and Islands Gay & Straight Youth Alliance.

**Pem Schultz** is a PFLAG Board member, a facilitator for the Massachusetts Safe Schools Program, and a supporter of the Coalition of Welcoming Congregations on Cape Cod.

**Workshop Dates & Locations:** (Workshops are identical; please plan to attend one.)

Thursday, March 24, 2011, 6:30 – 8:30 p.m. - Hyannis Youth & Community Ctr.

Thursday, March 31, 2011, 6:30 – 8:30 p.m. - Harwich Community Center

Thursday, April 7, 2011, 6:30 – 8:30 p.m. - Gus Canty Community Center

*A light supper will be served.*

*Please RSVP one week prior to the workshop you will attend.*

*Call or email Amy with your first name: (508) 420 – 0696 or [amy@pflagcapecod.org](mailto:amy@pflagcapecod.org).*