



PFLAG Cape Cod has gone digital with PFLAG Connects, a great way to meet you where *you* are with online support meetings!

PFLAG Cape Cod provides much-needed support to LGBTQ+ people and their families right here on Cape Cod. Now, we're proud to continue providing you trusted support, meeting you where you are - wherever you are - via PFLAG Connects! PFLAG Connects virtual support meetings, run by a trusted PFLAG Cape Cod leader, will give you the support you need during this most-challenging time. Whether you are:

- An LGBTQ+ person who is newly - or not yet - out to your family and friends
- A parent or family member on a journey of supporting an LGBTQ+ loved one
- A parent or family member who suspects that someone you love is LGBTQ+ and aren't sure how to approach the subject, or if you should
- A teacher, counselor, or school administrator providing online instruction and looking to help support LGBTQ+ students who are out at school but not at home, or
- A friend or ally looking to provide support as you shelter in place, PFLAG Cape Cod has you covered.

Ready to join us? If so, just check out the **Calendar of Events** section below for meeting dates and how to get the Zoom links, or you can easily **sign up for our emails** to get the meeting dates and Zoom links sent directly to you!